

## Zalma School November 2018 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Breakfast: Rice, Sausage Patty, Toast, Jelly, Mand Oranges, Assorted Milks. Lunch: Chicken Patty with Gravy, Green Beans, Roll, Mand Oranges, Assorted Milks.	Breakfast: Biscuit with Gravy, Tropical Fruit, Assorted Milks. Lunch: Cheeseburger on Bun, Lettuce, Tomato, Pork & Beans, Tropical Fruit, Assorted Milks.
5	6	7	8	9
Breakfast: Scrambled Eggs, Sausage Patty, Toast, Jelly, Peaches, Assorted Milks. Lunch: Sloppy Joe on Bun, Corn, Peaches, Assorted Milks.	Breakfast: Cereal, Toast, Jelly, Warm Apples, Assorted Milks. Lunch: Chicken Nuggets, Peas & Carrots, Roll, Cinnamon Apples, Assorted Milks.	Breakfast: Pancakes, Syrup, Sausage Patty, Pears, Assorted Milks. Lunch: Burrito, Refried Beans, Chips, Salsa, Cheese, Pears, Assorted Milks	Breakfast: Rice, Sausage Patty, Toast, Jelly, Mand Oranges, Assorted Milks. Lunch: Chicken Patty with Gravy, Green Beans, Roll, Mand Oranges, Assorted Milks.	Breakfast: Biscuit with Gravy, Tropical Fruit, Assorted Milks. Lunch: Ham & Cheese on Bread, Lettuce, Tomato, Pork & Beans, Tropical Fruit, Assorted Milks.
12	13	14	15	16
No School	Breakfast: Cereal, Toast, Jelly, Warm Apples, Assorted Milks. Lunch: Chicken Nuggets, Peas & Carrots, Roll, Cinnamon Apples, Assorted Milks.	Breakfast: Pancakes, Syrup, Sausage Patty, Pears, Assorted Milks. Lunch: Burrito, Refried Beans, Chips, Salsa, Cheese, Pears, Assorted Milks	Breakfast: Oatmeal, Sausage Patty, Toast, Jelly, Mand Oranges, Assorted Milks. Lunch: Chicken Patty with Gravy, Green Beans, Roll, Mand Oranges, Assorted Milks.	Breakfast: Biscuit with Gravy, Tropical Fruit, Assorted Milks. Lunch: Cheeseburger on Bun, Lettuce, Tomato, Pork & Beans, Tropical Fruit, Assorted Milks.
19	20	21	22	23
Breakfast: Scrambled Eggs, Sausage Patty, Toast, Jelly, Peaches, Assorted Milks. Lunch: Chicken Helper, Corn, Roll, Peaches, Assorted Milks.	Breakfast: Cereal, Toast, Jelly, Warm Apples, Assorted Milks. Lunch: Chicken Nuggets, Peas & Carrots, Roll, Cinnamon Apples, Assorted Milks.	No School	No School	No School
26	27	28	29	30
Breakfast: Scrambled Eggs, Sausage Patty, Toast, Jelly, Peaches, Assorted Milks. Lunch: Hamburger Helper, Corn, Roll, Peaches, Assorted Milks.	Breakfast: Cereal, Toast, Jelly, Warm Apples, Assorted Milks. Lunch: Chicken Nuggets, Peas & Carrots, Roll, Cinnamon Apples, Assorted Milks.	Breakfast: Pancakes, Syrup, Sausage Patty, Pears, Assorted Milks. Lunch: Burrito, Refried Beans, Chips, Salsa, Cheese, Pears, Assorted Milks	Breakfast: Rice, Sausage Patty, Toast, Jelly, Mand Oranges, Assorted Milks. Lunch: Chicken Patty with Gravy, Green Beans, Roll, Mand Oranges, Assorted Milks.	Breakfast: Biscuit with Gravy, Tropical Fruit, Assorted Milks. Lunch: Cheeseburger on Bun, Lettuce, Tomato, Pork & Beans, Tropical Fruit, Assorted Milks.

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