

Zalma School September 2018 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 No School	4 Breakfast: Cereal, Toast, Jelly, Warm Apples, Assorted Milks. Lunch: Chicken Nuggets, Peas & Carrots, Roll, Cinnamon Apples, Assorted Milks.	5 Breakfast: Pancakes, Syrup, Sausage Patty, Pears, Assorted Milks. Lunch: Burrito, Refried Beans, Chips, Salsa, Cheese, Pears, Assorted Milks	6 Breakfast: Oatmeal, Sausage Patty, Toast, Jelly, Mand Oranges, Assorted Milks. Lunch: Chicken Patty with Gravy, Green Beans, Roll, Mand Oranges, Assorted Milks.	7 Breakfast: Biscuit with Gravy, Applesauce, Assorted Milks. Lunch: Cheeseburger on Bun, Lettuce, Tomato, Pork & Beans, Tropical Fruit, Assorted Milks.
10 Breakfast: Scrambled Eggs, Sausage Patty, Toast, Jelly, Peaches, Assorted Milks. Lunch: Sloppy Joe on Bun, Corn, Peaches, Assorted Milks.	11 Breakfast: Cereal, Toast, Jelly, Warm Apples, Assorted Milks. Lunch: Chicken Nuggets, Peas & Carrots, Roll, Cinnamon Apples, Assorted Milks.	12 Breakfast: Pancakes, Syrup, Sausage Patty, Pears, Assorted Milks. Lunch: Burrito, Refried Beans, Chips, Salsa, Cheese, Pears, Assorted Milks	13 Breakfast: Rice, Sausage Patty, Toast, Jelly, Mand Oranges, Assorted Milks. Lunch: Chicken Patty with Gravy, Green Beans, Roll, Mand Oranges, Assorted Milks.	14 Breakfast: Biscuit with Gravy, Applesauce, Assorted Milks. Lunch: Ham & Cheese on Bread, Lettuce, Tomato, Pork & Beans, Tropical Fruit, Assorted Milks.
17 Breakfast: Scrambled Eggs, Sausage Patty, Toast, Jelly, Peaches, Assorted Milks. Lunch: Hamburger Helper, Corn, Roll, Peaches, Assorted Milks.	18 Breakfast: Cereal, Toast, Jelly, Warm Apples, Assorted Milks. Lunch: Chicken Nuggets, Peas & Carrots, Roll, Cinnamon Apples, Assorted Milks.	19 Breakfast: Pancakes, Syrup, Sausage Patty, Pears, Assorted Milks. Lunch: Burrito, Refried Beans, Chips, Salsa, Cheese, Pears, Assorted Milks	20 Breakfast: Oatmeal, Sausage Patty, Toast, Jelly, Mand Oranges, Assorted Milks. Lunch: Chicken Patty with Gravy, Green Beans, Roll, Mand Oranges, Assorted Milks.	21 Breakfast: Biscuit with Gravy, Applesauce, Assorted Milks. Lunch: Cheeseburger on Bun, Lettuce, Tomato, Pork & Beans, Tropical Fruit, Assorted Milks.
24 Breakfast: Scrambled Eggs, Sausage Patty, Toast, Jelly, Peaches, Assorted Milks. Lunch: Spaghetti with Meat Sauce, Corn, Roll, Peaches, Assorted Milks.	25 Breakfast: Cereal, Toast, Jelly, Warm Apples, Assorted Milks. Lunch: Chicken Nuggets, Peas & Carrots, Roll, Cinnamon Apples, Assorted Milks.	26 Breakfast: Pancakes, Syrup, Sausage Patty, Pears, Assorted Milks. Lunch: Burrito, Refried Beans, Chips, Salsa, Cheese, Pears, Assorted Milks	27 Breakfast: Rice, Sausage Patty, Toast, Jelly, Mand Oranges, Assorted Milks. Lunch: Chicken Patty with Gravy, Green Beans, Roll, Mand Oranges, Assorted Milks.	28 Breakfast: Biscuit with Gravy, Applesauce, Assorted Milks. Lunch: Cheeseburger on Bun, Lettuce, Tomato, Pork & Beans, Tropical Fruit, Assorted Milks.

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